

## The Company



SÔLTA ( *let loose*, in Portuguese) is a French-Brazilian circus company born from the meeting of Tom Prôneur and Alluana Ribeiro in 2013. Coming from a similar circus formation in France (*ENACR*, *CNAC/LIDO*), they share a poetical universe with pinches of danse, theater and circus.

In 2014 they created APESAR, a circus show sponsored by *Pôle National des Arts du Cirque* and *Conseil Général du Var*.

Actually they are on an international tour playing APESAR and other circus acts ( swinging pole solo, acrobatics/danse solo, juggling duo, danse duo...)

- Epesar

APESAR is a 45 minutes circus piece, created an performed by Tom Prôneur (FR) and Alluana Ribeiro (BR). With a touch of magic and comedy, they play an old couple who have been together for a long time. Despite all the happenings - their routine, their laughs, their dreams, their catastrophes - they remain together, and a fantastic univers is created.

Juggling is dynamic and precise, pushed to madness, and the swinging pole is there to remind that time passes and in spite of it, the show must go on... The circus technics presented are swinging pole, hand stands, juggling and acrobatics.

APESAR is sponsored by *Pôle National des Arts du Cirque Méditerranée* and *Conseil Général du Var.* Created in 2014, nowadays the show is on international tour.







## **TOM PRONEUR**

Passionate about dance and mouvement, Tom discover the *Pôle Cirque de Nexon (FR)* and starts practice juggling, trampoline and acrobatics. Member in the *Conservatoire de Danse Contemporaine de Montpellier* (FR) for 2 years, he participates on trampoline championships in France. In 2005, Tom enters the *ENACR - École Nationale des Arts du Cirque de Rosny-sous-Bois.* As a hand to hand flyer, he joins the *CNAC - Centre National des Arts du Cirque de Châlons-en-Champagne.* Together with the École , Tom works as a performer in the Theater group *Entr'Act* . In 2009, he joins the Canadian circus company "Seven Fingers" in the show PSY, going on an three year international tour. Arriving in France, he works as a flyer in the *Rasposo's* last show "Morsure". In 2013 he founds, together with Alluana Ribeiro, the company SÔLTA and creates APESAR. Nowadays, they are in an international tour performing the piece.

## **ALLUANA RIBEIRO**

Interested in literature and acrobatics since she was young, Alluana starts practicing circus with the Cie Intrépida Trupe (RJ, BR). In parallel with her career on the circus, , she gets a Master's Degree on Literature (PUC-Rio, BR). She writes her thesis "An Essay of a Circus Body ", approved with honors by the jury. In 2010 she enters the ENACR - École Nationale des Arts du Cirque de Rosny-sous-Bois (FR) where she starts practicing swinging pole. With the same technique she joins the LIDO - Centre Municipal des Arts du Cirque de Toulouse (FR). After her studies, she performs as a swinging pole artist and a hand to hand flyer for different companies, as Entr'Act and Grain de Sable. Between 2010 and 2013 she gives workshops in recognized circus centers in Brazil . In 2012 Alluana directs the Intrépida Trupe's show MOSTRA. In the same year, she meets Tom Proneur, with whom she founds the company SÔLTA and create de show APESAR.



Contact

386 Avenue Pierre Auguste Renoir

BP 20316 83512 LA SEYNE CEDEX

Administration: adm.compagnie.solta@gmail.com

Artists: Alluana Ribeiro et Tom Prôneur : 06 27376779 / compagnie.solta@gmail.com

www.ciesolta.com

Siret 79478261500023 Code APE: 9001 Z -

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Partners

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